TAPOUT XT

FITNESS NUTRITION

ALL-IN-ONE

All the Nutrition Your Body Needs for Health

26g PROTEIN

10 ESSENTIAL AMINO ACIDS

3.5g FAT

2g SUGAR

Increase Energy

Lose Weight

All Natural, Pure Nutrition

Includes Grass-Fed Whey

Probiotics to Aid Digestion & Regularity

Time Release Protein & **23%** More Absorption

Full Balanced Blend of Branched-chain & Essential Amino Acids

POWERED BY Ganeden BC30 PROBIOTIC DIGESTIVE & IMMUNE HEALTH

NATURAL NATURAL NATURAL

VANILLA

Nutrition Facts

Serving Size: 2 Scoops (57g)
Serving Per Container: 30

Amount Per Serving	
Calories 220	Calories from Fat 30
	% Daily Value *
Total Fat 3.5 g	**5%**
Saturated Fat 0 g	**0%**
Trans Fat 0 g	†
Cholesterol 5 mg	**2%**
Sodium 25 mg	**1%**
Potassium 70 mg	**2%**
Total Carbohydrate 21 g	**7%**
Dietary Fiber 4 g	**16%**
Sugars 2 g	
Protein 26 g	**52%**
Vitamin A 33% •	Vitamin C 33%
Calcium 75% •	Iron 33%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

† Daily Value not established.

Typical Amino Acid Profile Per Serving:

Alanine	910mg	Arginine **	910mg
Aspartic Acid	2,130mg	Cystine	350mg
Glutamic Acid	5,270mg	Glycine	480mg
Histidine **	670mg	Isoleucine **	1,350mg
Leucine **	2,630mg	Lysine **	8,300mg
Methionine **	710mg	Phenylalanine **	1,170mg
Proline	2,380mg	Serine	1,490mg
Theronine **	1,300mg	Tryptophan **	350mg
Tyrosine	1,210mg	Valine **	1,560mg

**Essential Amino Acids

PROPRIETARY PROTEIN BLEND: 27 g
Hydrolyzed Whey Protein Isolate, Micellar Casein, Calcium Caseinate, Milk Protein Isolate.

PROPRIETARY ANTIOXIDANT BLEND: 3.6 mg
Pomegranate powder,Bilberry (fruit) powder, Lycium (Goji) Berry Powder, Açai (berry) powder, Camu-camu (fruit), Citrus Bioflavonoid, Grape seed extract, Maitake powder, Rose Hips (fruit) powder.

PROPRIETARY DIGESTIVE ENZYMES/ PROBIOTIC BLEND: 52.6 mg
Lipase, Protease, Bifodobacterium longum, Streptococcus thermophilus, GanedenBC30 (Bacillus coagulans GBI-30, 6086).

PROPRIETARY PHYTONUTRIENT BLEND: 3.6 mg
Blue Green Algae, Spinach Powder, Barley Grass, Kamut Grass, Wheat Grass.

PROPRIETARY VITAMIN / MINERAL / HERB BLEND: 250 mg
Vitamin & Mineral Blend (Vitamin A Palmitate, D L Alpha Tocopheryl, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Sodium Molybdate, Manganese Sulfate, Ascrobic acid, Phytonadione, Niacinamide, Cyanocobalamin, Biotin, Potassium Iodide, Copper Gluconate, Ferric Orthophosphate, Cholecalciferol, Thiamin Mononitrate, D-Calcium Pantothenate, Zinc Gluconate, Chromium Choiride, Sodium Selenite), Astragalus Powder, Suma (root) powder, Shisandra (berry) powder, Cordyceps, Gingko Biloba powder, Reishi powder.

OTHER INGREDIENTS:
Maltodextrin, MCT/Non Dairy Creamer, Fibersol2, Vanilla Flavoring, Beta Alanine, Calcium Phosphate, Xanthan Gum, Taurine , L- Glutamine, L- Glycine, L-Arginine, Omega 3,6,9, Oil Powder, Sacha Inchi, Flax Seed, Chia Seed, MSM, Quinoa, Amaranth, Wild Yam Powder, Apple Pectin, Hoodia Extract, Stevia Leaf Extract.

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FITNESS NUTRITION

Nourish your body the way it deserves.

Replace one meal a day for all the nutrition your body needs for healthy living.

The Way to Eating Healthy is Here

Fast acting Grass-Fed Whey Protein will give you the raw power and energy you need to stay active and alert throughout the day without harmful stimulants. Hunger blockers eliminate your toughest cravings and promote fast and healthy weight loss. With all natural flavors like vanilla bean and cocoa, staying in tip-top shape has never been tastier.

Long-Lasting Benefits

- L-Glutamine promotes muscle growth and boosts immune system functions
- Enhances metabolic activity to aid and regulate digestion and weight loss
- Contains branched-chain amino acids to boost brain functions, prevent fatigue and improve exercise performance

Building a Balanced Immune System

GanedenBC30 is a powerful probiotic specially chosen for the All-In-One® formula to support digestive and immune health as part of a balanced diet and healthy lifestyle. The good bacteria help defeat uncomfortable bloating, gas and other painful digestive symptoms. Each and every shake is one step closer toward improving your overall health and core functions.

Perks of GanedenBC30

- Supports digestive functions and immune health*
- Improves abdominal pain, bloating and gas
- Delivers more active cultures than yogurt**

Ingredients You Can't Find Anywhere Else

Exotic fruits and berries like açaí, camu-camu, pomegranate and bilberry have been collected from all over the world to enrich the All-In-One with powerful antioxidants. These superfoods are rich in anti-aging properties and are known for preventing long-term health issues. One delicious shake a day gives your body the perfect balance of protein and pure nutrients you need to get a head start on healthy living.

Directions: Combine two scoops (57 g) of All-In-One with 8-12 fl. oz. of cold water or beverage. BEST IF CONSUMED WITHIN 20 MINUTES. Can also be blended with water, beverage and ice in a blender until smooth. For great tasting recipes, please visit us online at tapoutxt.com.

Allergy Information: This product is manufactured in a plant that also processes soy, egg, fish, crustacean shellfish, tree nuts and wheat (gluten) products. Storage: Store in cool/dry place.

Warning: Prior to starting any new exercise or nutritional program, please consult a healthcare professional. If you are pregnant, breast feeding or have any medical conditions, please consult a physician. Keep out of reach of children.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*As part of a balanced diet and healthy lifestyle

**In an independent lab study of a simulated gastric environment with a pH of 2.0 for two hours, GanedenBC30 delivered more than ten times the live cells than common probiotic yogurt cultures.

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